

## **Course Approval Request Form**

Use this customized approval request form to print and share with your school or district authority when seeking approval for a Professional Development Institute course.

## About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers and paraprofessionals across the globe.

Every PDI paraprofessional course is instructor-led and includes practical strategies for immediate implementation, opportunities to interact with the instructor and other participants, and rich content and resources. Every PDI paraprofessional course is equivalent to 15 training hours.

## **Paraprofessional Information**

Last Name:	First Name:	ID #:
School Name:	Address:	L
Email Address:	Position Title:	Daytime Phone:

Course Number and Title:

## Para101 / An Introduction to Social-Emotional Learning for Paraprofessionals

I am taking this course for 15 training hours. Upon completion, I will receive a certificate of completion from PDI.

Course Description:

Social and emotional learning (SEL) is a process for learning essential life skills such as decision making, problem solving, effective communication, empathy, perseverance, and coping, just to name a few. This online course is designed for paraprofessionals who want to learn specific strategies for addressing students' social and emotional needs through such topics as mindfulness, resolving conflict, making good choices, equity, and effective communication. Paraprofessionals will also learn about the role they play in nurturing students' self-efficacy, grit, compassion, gratitude, and positive attitudes as they work to help diverse groups of students manage their emotions and make good decisions.

Seeking approval for:

\_\_\_\_\_ personal and/or professional growth

\_\_\_\_\_ district or state requirement

to qualify for a different position

\_\_\_\_\_ to add to my resume