



## Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

### About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego (UCSD) Extension, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

### Teacher Information

<b>Last Name:</b>	<b>First Name:</b>	<b>ID #:</b>
<b>School Name:</b>	<b>Address:</b>	
<b>Email Address:</b>	<b>Grade Level:</b>	<b>Daytime Phone:</b>

Course Number and Title:

**89T03 / 89BXX / EDUC41443 Study Smarter Not Harder: Study Skills for Students**

I am taking this course:

\_\_\_\_\_ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Extension.

\_\_\_\_\_ As an in-service course. I may request a PDI Grade Report to document my completion.

\_\_\_\_\_ *\*This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Are your students in need of study skills training to help them become more successful students and test takers? This online course is designed to provide teachers in grades 4-12 with the necessary tools to help students improve their study skills, not by working harder, but by working smarter. Throughout the course, teachers will gain valuable insights into helping their students set and track S.M.A.R.T. goals as they work to become active participants in the learning process. Teachers will be taken through the problem-solving process as they learn how to help their students apply their metacognitive skills so that they become more adept at studying. Teachers will learn specific techniques to help students stay organized (including space, time, and process). Teachers will be introduced to multiple techniques, ideas, and resources to help students learn how to ask questions, dissect different types of text, and understand text structures and features, all of which are geared toward helping them develop their study skills. Teachers will take a deep dive into specific study strategies for reading and vocabulary, and they will explore a variety of additional study techniques that can be applied to any content area across grades 4-12. Teachers will also learn several tips and tricks for helping their students master the art of taking tests, making them prepared and confident once test day arrives. By the end of this course, teachers will feel more confident and successful in their quest to prepare their students for the future by working smarter, not harder.

Seeking approval for:

\_\_\_\_\_ recertification/relicensure

\_\_\_\_\_ personal and/or professional growth

\_\_\_\_\_ district or state requirement

Signature

Date