



Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

Teacher Information

Last Name:	First Name:	ID #:
School Name:	Address:	
Email Address:	Grade Level:	Daytime Phone:

Course Number and Title:

165T02 / EDUC42624 Solving Core Executive Function Challenges

I am taking this course:

_____ for 3 1/3 semester units of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

_____ as an in-service course. I may request a PDI Grade Report to document my completion.

**This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Do your students struggle with specific executive functions? Are you looking for effective strategies to improve students' executive function skills so they are more capable in the classroom? Students with executive function challenges benefit from being taught specific skills that, when implemented, can really improve their academic performance. This online professional development course for teachers takes a deep dive into the three core executive functions of working memory, cognitive flexibility, and inhibition control so that they can better guide their students to sustainable learning. The course begins by examining both the metacognitive and social-emotional strands of executive function, including the important role that motivation plays in it. From there, the course takes a deep dive into the three core executive functions, where teachers examine the pivotal role that working memory plays in learning and how attention issues can diminish its impact. Next, teachers explore how flexible thinking leads to metacognition, self-regulation, and self-evaluation, all important executive function skills. Specific strategies to strengthen students' inhibitory control are explored next, as this can improve classroom management struggles. The importance of organization is also explored, including several strategies to boost students' time and task management skills. Last, but certainly not least, teachers explore how to support and strengthen their students' executive functions in the content areas of mathematics, reading, and writing. By the end of this continuing education course, teachers will feel more confident in their quest to leverage best executive function practices as they guide their students to sustainable learning.

Seeking approval for:

_____ recertification/relicensure

_____ personal and/or professional growth

_____ district or state requirement

Signature

Date