



Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

Teacher Information

Last Name:	First Name:	ID #:
School Name:	Address:	
Email Address:	Grade Level:	Daytime Phone:

Course Number and Title:

153T02 / EDUC42499 Harnessing the Tools of Empathy and SEL to Prevent Bullying

I am taking this course:

_____ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

_____ as an in-service course. I may request a PDI Grade Report to document my completion.

**This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Are you looking for practical strategies to prevent bullying and foster social-emotional learning and empathy among your elementary grade students? Bullying is a very common, complex, and pervasive issue facing our students today. This online course is specifically designed for teachers in grades PreK-5 who are looking to seamlessly blend the core competencies of social-emotional learning with the principles of empathy education to prevent bullying. Teachers will be provided with thorough background information on the characteristics and various types of bullying, including cyberbullying. The cognitive and emotional deficits that impact students who bully will be examined as well as the major effects bullying has not just on victims, but bullies, bystanders, and social relationships in general. Teachers will be provided with an in-depth look into social-emotional learning and empathy-based learning and will understand the role both of these approaches play in combatting and preventing bullying behaviors. Specific strategies will be shared for creating a classroom climate that revolves around safety, acceptance, and empathy, as well as strategies for helping students develop a strong internal identity. Teachers will review numerous evidence-based bullying prevention programs and will learn strategies for selecting or designing their own. Finally, teachers will be provided with a variety of social-emotional, empathy-based lesson plans that can be adapted for all grade levels. By the end of this course, teachers will be well prepared to teach critical social-emotional and empathy skills to reduce and prevent bullying behaviors.

Seeking approval for:

_____ recertification/relicensure

_____ personal and/or professional growth

_____ district or state requirement

Signature

Date