



## Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

### About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

### Teacher Information

<b>Last Name:</b>	<b>First Name:</b>	<b>ID #:</b>
<b>School Name:</b>	<b>Address:</b>	
<b>Email Address:</b>	<b>Grade Level:</b>	<b>Daytime Phone:</b>

Course Number and Title:

**126T02/ EDUC42255 Incorporating SEL Skills into the Content Areas**

I am taking this course:

\_\_\_\_\_ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

\_\_\_\_\_ as an in-service course. I may request a PDI Grade Report to document my completion.

*\*This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Are you finding it difficult to incorporate social and emotional learning (SEL) best practices into your content-rich classroom? Now, more than ever, social and emotional learning is the impetus to academic growth. This online course is designed to take a deep dive into social-emotional learning and the core competencies that surround it. Teachers will learn how to use growth mindset principles and strategies so that an inclusive classroom community can be built and supported, resulting in an atmosphere of self-awareness and self-efficacy. Teachers will learn how to use interactive read-alouds to promote perspective taking, and they will learn how writing can be used as a pathway to promote self-awareness. In terms of math, teachers will learn how to create shared learning targets and connect the mathematical practice standards to SEL so that students can become mathematically proficient. The content area of science is also explored, as teachers learn how to incorporate SEL best practices through project-based learning so that students are motivated to become engaged and informed world citizens. Teachers will also learn about the importance of incorporating SEL best practices into the arts, and that doing so fosters a complete and whole student perspective. By the end of this course, teachers will feel more confident and successful in their quest to embed the principles of social-emotional learning into their own teaching practices within the content areas so that their students can become complete and whole global citizens.

Seeking approval for:

\_\_\_\_\_ recertification/relicensure

\_\_\_\_\_ personal and/or professional growth

\_\_\_\_\_ district or state requirement

Signature

Date