



Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

Teacher Information

Last Name:	First Name:	ID #:
School Name:	Address:	
Email Address:	Grade Level:	Daytime Phone:

Course Number and Title:

147T02 / EDUC42431 Trauma-Informed Teaching Strategies for All Learners

I am taking this course:

_____ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

_____ as an in-service course. I may request a PDI Grade Report to document my completion.

**This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Do you wish you had strategies to offset the effects of trauma in the lives of your students? This online course is specifically designed for teachers in grades PreK-6 who are looking to dig deeper into the principles of trauma-informed teaching and how effective strategies such as restorative practices, strengthening student-teacher relationships, designing a safe classroom, and encouraging pro-social behaviors can make a difference. Teachers are provided with thorough background information on the foundations of trauma-informed teaching, as well as a wide variety of strategies to facilitate the process of healing from trauma. The five core competencies of social-emotional learning are discussed, and teachers are provided multiple strategies to deliver social-emotional learning through a trauma-informed lens. Specific strategies that educators can implement within their own classroom environment to foster a culture of safety and encourage pro-social behaviors are also shared. Finally, teachers will learn what it truly means to embody the characteristics of a trauma-informed teacher and how to prevent secondary traumatic stress and burnout in their own lives by cultivating resilience and mindfulness. By the end of this course, teachers will be well prepared to implement critical trauma-informed practices to offset the effects of trauma in their students' lives.

Seeking approval for:

_____ recertification/relicensure

_____ personal and/or professional growth

_____ district or state requirement

Signature

Date