



Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

Teacher Information

Last Name:	First Name:	ID #:
School Name:	Address:	
Email Address:	Grade Level:	Daytime Phone:

Course Number and Title:

115T02/ EDUC40265 Instilling a Growth Mindset in Students

I am taking this course:

_____ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

_____ As an in-service course. I may request a PDI Grade Report to document my completion.

**This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Are you finding that no matter how hard you try, it seems that some of your students cannot break out of the "I'm no good at this" cycle, and therefore they stop trying? After all, perhaps they just are not "math people" or "good at reading," right? Wrong! According to recent research, there are two types of mindsets with which students come to school — growth and fixed — and each of them empowers its owner, for better or worse. This online course is designed for K-12 teachers who wish to explore the concept of growth mindset in detail. Teachers will be introduced to the concept of growth mindset and will understand how it differs from its counterpart — fixed mindset. This course takes teachers through the entire process of instilling a growth mindset in students as well as teaching students strategies to become confident risk-takers. Specific topics include learning how to make mistakes meaningful, the importance of meaningful feedback during the learning process, the role that growth mindset plays in both literacy and mathematics, and how to integrate the mindset model in a data-driven classroom. Teachers will learn how to ask better questions so that students are supported in the development of their social-emotional skills and soft skills as they work through productive struggle. Teachers will also learn how to model through think alouds in order to model a growth mindset attitude. By the end of this course, teachers will feel more confident in implementing growth mindset best practices into their teaching repertoire.

Seeking approval for:

_____ recertification/relicensure

_____ personal and/or professional growth

_____ district or state requirement

Signature

Date