



Course Approval Request Form

Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.

About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for graduate-level credit through the prestigious University of California San Diego Division of Extended Studies, ranked in the top ten universities in the United States.

UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Every PDI course is approved as 3 1/3 semester units (or 5 quarter units) of graduate-level credit, equivalent to 50 training hours. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

Teacher Information

Last Name:	First Name:	ID #:
School Name:	Address:	
Email Address:	Grade Level:	Daytime Phone:

Course Number and Title:

110T02/ EDUC40224 Teaching Tolerance and Respect: Preventing Bullying in High School

I am taking this course:

_____ for 3 1/3 semester unit of graduate level credit. Upon completion, I will receive a transcript from UC San Diego Division of Extended Studies.

_____ As an in-service course. I may request a PDI Grade Report to document my completion.

**This course is approved as 50 training hours, whether taken for graduate credit or in-service.*

Course Description:

Are you concerned about the prevalence of bullying and violence in high schools across America? For many different reasons, the classrooms, quads, hallways, and cafeterias of many high schools are not as simple as they used to be. This online course is designed for high school teachers who are looking to discover strategies and initiatives for addressing these bullying behaviors in their classrooms and schools. This course begins by digging into the different types of bullying. Teachers learn how to proactively approach a variety of bullying behaviors so that students' important social and emotional skills are addressed and nurtured as a way of regulating and resolving a variety of intense emotions. This course specifically addresses research-based approaches to bullying prevention, including the establishment of rules and expectations, teaching recognition strategies to all involved stakeholders, and the various methods of reporting and communicating violent outbursts. At the end of the course, teachers will understand how to best help students penetrate the deep-seated code of silence so that they can transform from bystanders into important and critical upstanders. Teachers will also learn how to correctly respond to incidents of bullying so that victims are taught to refuse to partake in the continuing behavior. By doing so, students are taught how to replace aggression with compassion and kindness. By the end of this course, teachers will be better informed and better prepared to prevent bullying.

Seeking approval for:

_____ recertification/relicensure

_____ personal and/or professional growth

_____ district or state requirement

Signature

Date